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**GRACE JOHN**

**Staff Nurse**

**Mobile:** +91- 9650429440**, E-mail :** gracejohn006@gmail.com

***2 and half years of post qualification experience in the area of Medical & Surgical Department:***

The flair like positive attitude, ability to lead, calculated approach for planning, execution and implementation.

I am familiar with the responsibility and apply best of my efforts for making every given situation and opportunity successful by keeping the spirit regularly updated. I have always been loyal to my profession and always worked passionately.

***Proficient at:***

* **PROGRAM**: I am a practicing as medical & surgical staff nurses for the past 2 and half years & I enjoy my profession. I am able to deliver a safe & quality care to medical & surgically ill patients.
* **STRUCTURE**: Consistent with firm’s vision, core values and policies, Implement effective and appropriate patient care to achieve care and service passionately.
* **RELATIONSHIPS**: Establish caring relationships with patients, families and colleagues.

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**Saroj Super Specialty Hospital: Since May 2012- Jan 2015 Staff Nurse**

**Accountabilities:**

* Maintain the higher possible standard of patient care in all Aseptic Techniques.
* Monitoring and evaluating nursing care plan after carrying out each procedure and record it in patient’s chart.
* Accompany with the doctors during ward rounds and carry out the orders in a prompt manner.
* Assist the doctors in performing diagnostic and therapeutic procedures like insertion of arterial like, abdominal tapping, Renal Biopsy, pleural tapping, Dressing for the surgical wound.
* Admission and Discharge of patients.
* Maintain the cleanliness of the ward.
* Inventory checking.
* Checking of crash cart daily.
* Actively involved in Bio -Medical waste management.
* Close Monitoring of all postoperative patients like checking of vital signs every hourly and maintain intake output chart promptly
* Administration of medicine as per doctor’s prescription.
* Nasogastric tube feeding and jejunostomy feeding.
* Ryle’s tube aspiration hourly.
* Insertion of IV cannula.
* Insertion of Ryle’s tube
* Maintain personal hygiene of all patients.
* Carrying out all nursing procedures.
* Respect Patients privacy.
* Maintain Patients record.
* Maintain good nurse patient relationship.
* Make good relationship with colleagues and supervisors.
* Taking proper handover about patients from previous shifts staff nurse and giving proper hand-over to the respective staff nurse.

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**Internship, Lakeside Institute of Nursing, Bangalore, Karnataka: Sep’ 08- Feb’ 09 Trainee**

**Major Assignments:**

* Manage patients with diabetic mellitus,
* Hypertension,
* COPD,
* Pneumonia,
* Peptic ulcer,
* Hysterectomy,
* Gastrectomy,
* Colostomy
* Capable of cannulating patient;
* Obtain ECG & carrying out Cardio Pulmonary Resuscitation [CPR] on adult patients.

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* Post BSC in Nursing from, City College of Nursing, Awaiting Result
* General Nursing And Midwifery, Lake Side Institute of Nursing, Bangalore, Karnataka (2005- 2009)
* 10+2 from Holy Angels English Medium Higher Secondary School, Adoor, Kerala (2002-2004)
* 10 from, St. Mary’s M M H S For Girls, Adoor, Kerala 2002

**IT Skills:** Working knowledge of MS Office and Internet applications.

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Date of Birth : 25th February, 1986

Address : Flat No. 54, Type III, Sector- 6, Rohini, Delhi- 110085

Passport No : G5296176 (DOE- Jan 24, 2018)

Hobbies : Listening to Music, Travelling, Singing

**\_\_\_\_\_\_\_\_\_\_­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_PERSONAL ATTRIBUTES\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

* Hard Working, committed & Self motivated
* Good communication, interpersonal, fast learner

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I hereby declare that all the above furnished information is true and correct to the best of

my knowledge and belief.

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**Mrs. Bindhu Joseph,**

**Assistant Nursing Superintend,**

**Aruna Asaf Ali Hospital, Delhi**

**Ph: +91-9953869727**

**Mrs. Elcy Sunil,**

**Nursing In-Charge,**

**Saroj Super Speciality Hospital,**

**Rohini, Delhi**

**Signature:**

**Date:**

**Place: New Delhi**