

Dr. Shwetank Bansal

M.B.B.S, MD (Psychiatry)

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EDUCATION

MD Psychiatry 2014
Institute of Human Behaviour and Allied Sciences, Delhi University

MBBS 2007
University College of Medical Sciences, Delhi University

CLINICAL EXPERIENCE

Consultant Psychiatrist 2015-Present
Better Me- Mental Health Services, Delhi

Consultant Psychiatrist 2014-2015
Fortis Escorts Heart Institute, Okhla, Delhi
Fortis Hospital, Shalimar Bagh, Delhi
Fortis Memorial Research Institute, Gurgaon

Post Doctoral Observership 2014
St. John Macomb-Oakland Hospital, Warren, Michigan, USA

MD Student & Resident, Psychiatry 2011-2014
Institute of Human Behaviour and Allied Sciences, Delhi

The Institute of Human Behaviour and Allied Sciences, Delhi, is an NABH (National Accreditation Board for Hospitals) accredited neurosciences institute which has an out patient department which receives about 1300 psychiatry patients daily, with an inpatient department comprising of 230 beds, including 5 Intensive care beds (dedicated psychiatry Intensive Care Unit), 10 Short Observation Facility beds, a forensic psychiatry ward, and 2 rehabilitation wards. There are special clinics pertaining to deaddiction, child psychiatry, mental retardation and Marital & Psychosexual Issues. Over three years, I have gathered clinical experience in all these sub-fields. The institute follows the multidisciplinary approach to patient care, with a mental health team consisting of psychiatrists, psychologists, and psychiatric social workers taking seamless all-round care of patients in a collaborative manner. I have also gathered experience

of consultation and liaison with the departments of neurology and neurosurgery at IHBAS, in addition to working as a team member of the department of medicine, Guru Tegh Bahadur Hospital, Delhi, and of the General Hospital Psychiatric Unit of Lady Hardinge Medical College and associated hospitals, Delhi.

Junior Resident, Psychiatry Institute of Human Behaviour and Allied Sciences, Delhi	2010
Junior Resident, Psychiatry Guru Teg Bahadur Hospital, Delhi	2009
Junior Resident, Paediatrics Guru Teg Bahadur Hospital, Delhi	2008
Internship Guru Teg Bahadur Hospital, Delhi	2007

OTHER EXPERIENCE

Invited to be part of an 8-member mental health team visiting Banasthali University, Rajasthan for evaluation of students as well as for conducting group discussions with the teachers, wardens and students, while pursuing post graduation, in January 2013.

AWARDS

Declared winning entry in English Poetry competition at NIMHANS, Bangalore (Theme: Living With Schizophrenia), 2014

Awarded 2nd Prize in the Indian Association of Paediatrics Annual Quiz at College Level, 2006

EXTRACURRICULAR ACTIVITIES

Literary Coordinator and Member, Annual Festival Organizing Committee, University College of Medical Sciences, Delhi

Founder Member, Vichaardhara, (Inter and Intra College Debate society), University College of Medical Sciences, Delhi

Best orator award at the Annual Debate of University College of Medical Sciences, Delhi, 2004

PRESENTATIONS/CME /WORKSHOPS CONDUCTED

Depressive Disorder: Features and Management (Continuing Medical Education Programme for General Practitioners), Hotel Crowne Plaza, March 2015

Childhood Psychiatric Disorders (Workshop for Teach For India fellows), Indian Social Institute, March 2015

Depression and the Heart, (Educational Session for Patients and Caregivers), Fortis Escorts Heart Institute, February 2015

Adolescent Issues (Workshop for parents), Muskaan Public School, Gurgaon, February 2015

Adolescent Issues (Workshop for parents), Kunskapsskolan, Gurgaon, January 2015

Sex Education workshop for Adolescent School children, Rotary Public School, Gurgaon, December 2014

Smoking Cessation Workshop for Patients and Caregivers, Fortis Escorts Heart Institute, December 2014

Paper presentation at Annual National Conference of the Indian Psychiatric Society (ANCIPS), 2014: **Bansal S**, Khanna A, Prakash O. Severe Debility Arising from Kinesthetic Hallucinations: A Case Report.

Poster Presentation at Annual National Conference of the Indian Psychiatric Society (ANCIPS), 2014: **Bansal S**, Moyal D, Kumar R, Kumar P. An atypical case of Dhat syndrome: Carried to psychotic proportions.

Poster presentation at 7th Congress of Asian Society for Child and Adolescent Psychiatry & Allied Professions (ASCAPAP), 2013: **Bansal S**, Kar SK, Gupta SK, Singh P, Kumar D. Atypical presentation of Early Onset Phobic Anxiety Disorder: A Case Report.

Poster presentation at 7th Congress of Asian Society for Child and Adolescent Psychiatry & Allied Professions (ASCAPAP), 2013: **Bansal S**, Kar SK, Kumar D. Psychiatric Manifestations of Dyggve-Melchior-Clausen Syndrome: A Rare Case Report

PUBLICATIONS

Kar SK, **Bansal S**, Kumar D. An extremely rare association of Dyggve-Melchior-Clausen syndrome with mania: Coincidence or comorbidity. Indian J Psychol Med 2015;37:226-9

Bansal S, Gupta SK, Kar SK, Singh P, Kumar D, Sinha U. A rare case of very early onset obsessive compulsive disorder with co-morbid Agoraphobia. J. Indian Assoc. Child Adolesc. Ment. Health 2015; 11(2):158-169

Bansal S, Gupta SK. Response to article: Behavioral management in children with intellectual disabilities in a resource-poor setting in Barwani, India. Indian J Psychiatry 2014;56:407

Gupta SK, **Bansal S**. Olanzapine induced reversible sensori-neural hearing loss. Indian J Pharmacol 2014;46:453-4

Kar SK, **Bansal S**, Panda AK. Head Banging- A behavioural manifestation of asphyxia related extensive brain damage. Delhi Psychiatry Journal. Oct 2013;16(2) 443-6

Doctoral Dissertation 'Study of Temperament, Family Environment, Psychopathology and their association with pattern of substance use in adolescents with substance use disorder presenting to a tertiary care centre', 2013

Bansal S, Gupta SK. Sodium Valproate induced priapism in an adult with bipolar affective disorder. Indian J Pharmacol 2013;45:629-30

Bhatia MS, Bhasin C, **Bansal S**. An atypical case of Primary Ciliary Dyskinesia (Kartagener Syndrome). Delhi Psychiatry Journal Oct 2008; 11(2):234-5

Bhatia MS, Srivastava S, **Bansal S**. Elder Abuse – A review. Delhi Psychiatry Journal Oct 2008; 11(2):150-4

WORKSHOPS, PROGRAMMES & CONFERENCES ATTENDED

Centre for Excellence in Relapse Prevention Workshop, Mumbai

2015

Annual National Conference of the Indian Psychiatric Society (ANCIPS), Pune	2014
Annual Conference of the Indian Psychiatric Society, North Zone (ACIPS-NZ), Delhi	2013
7th Congress of Asian Society for Child and Adolescent Psychiatry & Allied Professions (ASCAPAP)	2013
PG Development Programme organized by the Indian Psychiatric Society, North Zone, Panchkula	2013
Workshop on Relapse Prevention in Mental Health, Institute of Human Behaviour and Allied Sciences, Delhi	2013
Winter Training Workshop in Geriatric Mental Health, Department of Geriatric Psychiatry, King George Medical College, Lucknow	2012
PG Development Programme organized by the Indian Psychiatric Society, North Zone, Kasauli	2012
Annual Conference of the Indian Psychiatric Society, North Zone (ACIPS-NZ), Rohtak	2011
Workshop on 'The Basics of Medical Writing' at Dr Ram Manohar Lohia Hospital, Delhi	2011
Indo- US Emergency Medicine Summit	2006

AFFILIATIONS

Member, Indian Psychiatric Society

Member, Delhi Psychiatric Society

Member, Delhi Medical Council (DMC/R/04610)