**CURRICULUM VITAE**

**OBJECTIVE:**

To obtain a challenging career in the health care field which will enable me to utilize my professional skills at its best and give me an opportunity to advance and improve my skills. To be an integral part of an organization that would encourage maximum opportunities for mutual growth and development.

**PERSONAL PROFILE**

* NAME :Ms Tenzin Choezin
* DATE OF BIRTH :29-04-1990
* FATHER’S NAME : Ngawang Lobsang
* PLACE OF BIRTH : Ladakh
* GENDER : Female
* CONTACT NUMBER :8350907332
* PERMANENT ADDRESS : Home no. 41

UTCV School

Dharamsala Cantt

Distt. Kangra (H.P)

176216

**ACADEMIC QUALIFICATION:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **NAME OF THE EXAMINATION** | **INSTITUTION** | **MONTH AND YEAR OF PASSING** | **BOARD/**  **UNIVERSITY** | **REMARKS** |
| CLASS X- CBSE | Tibetan Children’s School, Upper | MAY, 2006 | Central Board of Secondary Education | **73%** |
| CLASS XII-CBSE | Tibetan Children’s School, Upper | AUGUST,  2008 | Central Board of Secondary Education | **65%** |

**PROFESSIONAL QUALIFICATION**

|  |  |  |  |
| --- | --- | --- | --- |
| **QUALIFICATION**  **REGISTRATION** | **INSTITUTION** | **YEAR** | **REMARKS** |
| Basic B.Sc. Nursing | Tehmi Grant Institute of Nursing Education | **2008-12** | **71%** |
| Professional Registration | Maharashtra Nursing Council | **OCTOBER,**  **2012** | **Registered Nurse: XVI-14718**  **Midwifery II-17929** |

**HOSPITALS INVOLVED IN TRAINING AND CLINICAL EXPERIENCE**

* **GRANT MEDICAL FOUNDATION, RUBY HALL HOSPITAL, PUNE**

RHC is NABH accredited with 550 bedded multispecialty hospital with 150 bedded critical care unit.

CLINICAL EXPERIENCE: Two years (2012-2014)

DEPARTMENT: Oncology department

DESIGNATION: Staff Nurse

* **VOLUNTEERED FOR WELL BEING FREE MEDICAL CAMP, BIHAR**

Well being Free Medical Camp is held in association with MAX Multispecialty Hospital, to provide free medical aid to thousands of local residents

DURATION: December, 26th, 2014 to Jan 05, 2015

DESIGNATION: Volunteer Nurse

**ATTENDED CONFERENCES WORKSHOP SEMINAR**

1. Six months training course in **Oncology Nursing**
2. Three hours training in **Cardio Pulmonary Resuscitation**
3. Two days workshop on “**INFECTION CONTROL, SEEKING EXCELLENT PRACTICES”**
4. Speaker for World AIDS day seminar on the theme **“ ZERO HIV INFECTION, ZERO DISCRIMINATION, ZERO AIDS RELATED DEATH”**
5. National Conference on **“HEMATOLOGICAL MALIGNANCIES: Current trends in Medical and Nursing Management”**

1. National Neonatal Nursing Conference on **“CURRENT CHALLENGES IN NEONATAL NURSING”**
2. Workshop on **BREAST CANCER**

**DUTIES AND RESPONSIBILITIES:**

* Apply Nursing Process in caring for the clients.
* Carry out admission and discharge procedures according to the protocol of the hospital.
* Thorough assessment of client and complete history collection.
* Preparation of Unit for Client according to individualized needs.
* Monitor and record vital signs.
* Participate in Ward rounds, multi disciplinary meetings and hospital audits.
* Assist in various investigations and procedures.
* Administer medications as per the prescription and evaluate the response to medications.
* Maintaining sterility and following aseptic techniques for immunocompromised clients.
* Monitor the patients in critical care settings as per the protocol and immediate interventions in case of crisis.
* Follow the infection control policies and protocols.
* Proper bio-medical waste management.
* Maintain isolation techniques whenever required.
* Maintain hospital records and reports according to the policy of hospital.
* Formal and informal health education to the client and families.
* Good morale with multi disciplinary team members
* Proper endorsement of the client and related documents to the subsequent shift staff
* Co-ordinate the client care in order to provide comprehensive care.
* Aware of medico legal aspects of Nursing.
* Accountable for all the actions performed.
* Maintain the inventory of the ward stock.
* Pre operative and post operative care as per the requirement of the specific surgery.
* Preparation of the patient for various procedures and investigations like, bronchoscopy, colonoscopy, PET-CT Scan, MRI, etc.
* Emergency management such as Code Blue situation.

**PROCEDURES DONE AND ASSISTED**

* Introduction of intravenous cannula
* Assisting in introduction of Arterial line, Central line, HD lumen
* Tracheostomy care
* Wound care
* Care of intercostal drainage
* Inserting Nasogastric Tube
* Foleys Catheterisation, and Foleys care
* Care of various lines, Central line, PICC line, Hickmans catheter
* Administering medication and injections
* Assisting in endotracheal intubation and extubation.
* Blood Transfusion
* Chemotherapy drugs preparation in laminar flow hood.
* Assist in bone marrow aspiration and transplant.
* Bladder wash and Irrigation.
* Cardio pulmonary resuscitation
* E.C.G. recording and analyzing
* Endotracheal suction
* Major and Minor Dressing
* Admission and Discharge process.
* Insertion of chemotherapy portacath needle.
* Bowel Wash

**PERSONAL SKILLS**

* Good communication skill
* Maintain good interpersonal relationship with the clients and families
* Optimistic in learning new skills.
* Enthusiastic in gaining new knowledge and to update with latest developments.
* Good bed side nursing care.
* Editorial committee head for four years of the College, won 2ND Prize for two consecutive years in Essay writing competition organized by Trained Nurses Association, Pune City.

**REFERENCES:**

* MS. CISSY CRUZ

Nursing Director

Ruby Hall Clinic

Pune-411001

* DR. M. JAIN

Medical Oncologist

Ruby Hall Clinic

Pune

**DECLARATION**

I, hereby declare that the above mentioned facts are true and correct to the best of my knowledge and belief.

Yours Faithfully,

TENZIN CHOEZIN

PLACE: Delhi

DATE:25/3/15